

Units of Time

There are
86,400 seconds
in 1 day!



1 minute = 60 seconds
1 hour = 60 minutes
1 day = 24 hours
1 week = 7 days

Months of the Year

January - Jan.
February - Feb.
March - Mar.
April - Apr.
May - May
June - Jun.
July - Jul.
August - Aug.
September - Sept.
October - Oct.
November - Nov.
December - Dec.



1 month = about 4 weeks
1 year = 12 months
1 year = 365 days
1 leap year = 366 days
1 decade = 10 years
1 century = 100 years



Abbreviations

Minute = min.
Second = sec.
Hour = hr.

Day = d
Month = mo.
Year = yr.